



Evaluación de Bachillerato para el Acceso  
a la Universidad de Castilla y León

LENGUA EXTRANJERA:  
INGLÉS

EJERCICIO  
Nº páginas: 2

OPTION A

TEENAGERS AND THEIR HABITS

1 Teenagers spend almost half an hour less each day meeting their friends and talking with their family than a generation ago and have filled the gap by playing computer games, a study has found. The significant reduction in time spent socialising was highlighted in an analysis published by the Office for National Statistics (ONS) comparing the lives of 18-year-olds in Britain with those of their counterparts in 2000. It found that on average 18-year-olds spend 27 minutes less each day visiting pubs or cafés, meeting friends and family and talking on the telephone than they did at the start of the millennium. They also spend about 26 minutes less a day watching television or films or listening to the radio.

10 On the positive side, 18-year-olds are exercising more and spending more time playing sport than a generation ago, although the rise was a modest eight minutes a day. The much bigger change is their growth of screen time: young people in their late teens spend on average 17 minutes longer a day using laptops or computers, including social media, and 31 minutes a day playing computer games.

15 Today's 18-year-olds drink less and are much less likely to smoke than their counterparts at the turn of the millennium, as previous surveys have shown. Less than a quarter of young people aged 18-24 smoke, compared with more than a third in 2000. The proportion of this age group who drank alcohol recently fell from 33 per cent to 24 per cent over the period.

QUESTIONS

[1] ANSWER THE FOLLOWING QUESTION ACCORDING TO THE TEXT. USE YOUR OWN WORDS (10 TO 20 WORDS) (2 POINTS).

What are the activities where teenagers nowadays spend more time than the previous generation?

[2] ARE THE FOLLOWING STATEMENTS TRUE OR FALSE? INDICATE THE LINE(S) IN THE TEXT AND COPY THE FIRST 2 WORDS AND THE LAST TWO WORDS SUPPORTING YOUR CHOICE (1.5 POINTS AS A WHOLE: 0.5 EACH).

- 2.1. Teenagers used to spend less time watching TV some years ago.  
2.2. There has been an increase in the amount of time spent by 18-year-olds on exercising.  
2.3. Nowadays, more than 25% of the people who are between 18 and 24 years old smoke.

[3] CHOOSE A, B OR C. ONLY ONE CHOICE IS CORRECT ACCORDING TO THE TEXT (0.5 POINTS).

- a) Teenagers' habits have changed since the turn of the century.  
b) Visiting pubs or cafés has become very popular among young people.  
c) Nowadays, 18-year-old people tend to drink and to use their mobile phones too much.

[4] VOCABULARY (2 POINTS AS A WHOLE: 0.4 EACH).

- Find one word in the text for each of the following meanings:

- a) the part of an electronic device on which a picture or information is displayed  
b) existing or occurring before something else

- Find synonyms in the text for each of the words below:

- c) important  
d) decrease  
e) dropped

[5] COMPLETE TASKS A AND B ACCORDING TO THE INSTRUCTIONS GIVEN

(1 POINT AS A WHOLE: 0.5 EACH).

- a. Join the two sentences using a relative pronoun: The study compares the lives of 18-year-olds in two different time periods. Their habits have been analysed.  
b. Write a question for which the underlined word is the answer: They go to the gym once a week.

[6] WRITE ABOUT THE FOLLOWING TOPIC USING BETWEEN 100-120 WORDS (3 POINTS).

What activities do you do in your free time and how much time do you spend on them?



**OPTION B**

**CANCER RISK FROM BACON**

1 The cancer risk from processed meat such as bacon is still not being taken seriously enough, according to a statement by doctors and politicians. The group, which includes Tom Watson, the deputy Labour leader, asked for greater awareness of the “growing consensus” that nitrites in the meat  
5 produce carcinogens linked to bowel cancer. Aseem Malhotra, a cardiologist and another signatory, added that the unwillingness of the food industry to acknowledge this mirrored the tobacco industry’s behaviour in the 1990s.

In 2015 the World Health Organisation highlighted the potential danger  
10 from nitrites in a report that estimated that 8,800 cases of cancer could be prevented if no one ate processed or red meat. The signatories to the latest statement, who include Chris Elliott, director of the Institute for Global Food Security at Queen’s University Belfast, said that it was beyond time to act. “We are concerned that not enough is being done to raise awareness  
15 of nitrites in our processed meat and their health risks, in contrast to warnings regularly issued regarding sugar and fattening foods”.

Not all scientists agree that the risk is so serious. David Spiegelhalter, Professor at the University of Cambridge, said “The risk from processed meat for an individual is low: 100 people would need to eat two sausages a  
20 day for their whole lives to get one extra case of bowel cancer.” His view is that individuals should not be worried. He said, however, that changes by food producers could still be worthwhile.

**QUESTIONS**

[1] **ANSWER THE FOLLOWING QUESTION ACCORDING TO THE TEXT. USE YOUR OWN WORDS (10 TO 20 WORDS) (2 POINTS).**

Why is it not good to eat bacon regularly?

[2] **ARE THE FOLLOWING STATEMENTS TRUE OR FALSE? INDICATE THE LINE(S) IN THE TEXT AND COPY THE FIRST 2 WORDS AND THE LAST TWO WORDS SUPPORTING YOUR CHOICE (1.5 POINTS AS A WHOLE: 0.5 EACH).**

- 2.1. One comparison with another industrial sector behaving similarly in the past has been made.
- 2.2. There is not enough awareness of the risks involved in eating food that makes people gain weight or that contains a high amount of sugar.
- 2.3. Everybody has the same opinion about the risks that eating processed meat conveys.

[3] **CHOOSE A, B OR C. ONLY ONE CHOICE IS CORRECT ACCORDING TO THE TEXT (0.5 POINTS).**

- a) People do not smoke too much but they eat too much bacon and sugary foods.
- b) There is growing concern about the dangers associated with processed meat.
- c) Some scientists have signed a document recommending an increase in the amount of proteins and nitrites we should eat.

[4] **VOCABULARY (2 POINTS AS A WHOLE: 0.4 EACH).**

- **Find one word in the text for each of the following meanings:**

- a) followed the same pattern
- b) sufficiently important, rewarding, or valuable to justify time or effort spent

- **Find synonyms in the text for each of the words below:**

- c) admit
- d) avoided
- e) alerts

[5] **COMPLETE TASKS A AND B ACCORDING TO THE INSTRUCTIONS GIVEN (1 POINT AS A WHOLE: 0.5 EACH).**

- a. **Transform into reported speech:** David Spiegelhalter told people: “Don’t worry too much about eating processed meat from time to time”.
- b. **Put into the passive:** Food producers sell a lot of processed meat.

[6] **WRITE ABOUT THE FOLLOWING TOPIC USING BETWEEN 100-120 WORDS (3 POINTS).**

How can you have a healthy diet?